





Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Come to the library every week!</b> Add being more well-read and connected to the community to your goals for the new year. Make this resolution a reality at JTL.		<b>1</b> Closed for New Year's Day	<b>2</b> 10:30 am Read, Rock, & Rhyme 4:00 pm LEGO Building	<b>3</b> 6:00 pm Adult & Family Game Night - Escape Room	<b>4</b>	<b>5</b> 10:00 am Pokémon Club 
<b>6</b> 10:00 am Time for Stories 6:30 pm Hot Chicks with Sticks 	<b>7</b>	<b>8</b> 2:00 First Tues. Film: Won't You Be My Neighbor? 6:30 pm Resolve to Evolve 6:30 pm Embracing Autism	<b>9</b> 10:30 am Read, Rock, & Rhyme 4:00 pm Origami Ninja Stars*	<b>10</b> 2:00 pm Yoga with Karen 6:30 pm Unraveling America's Musical Roots	<b>11</b>	<b>12</b> 11:00 am KEVA Plank Building
<b>13</b> 10:00 am Time for Stories 2:00 pm Homeschool STEAM* 6:30 pm Yoga and Meditation	<b>14</b>	<b>15</b> 4:00 Chess with Matt 6:30 pm Book Discussion: <i>Beartown</i>	<b>16</b> 10:30 am Read, Rock, & Rhyme 1:00 pm Weds. Movie: Crazy Rich Asians	<b>17</b>	<b>18</b>	<b>19</b> 
<b>20</b> Closed for MLK Jr. Day	<b>21</b>	<b>22</b> 6:30 pm Resolve to Evolve	<b>23</b>	<b>24</b> 4:00 Family Movie: Sgt. Stubby	<b>25</b>	<b>26</b> 11:00 am Sparky's Puppets: <i>The Kingdom of Riddles</i>
<b>27</b> 10:00 am Time for Stories 6:30 pm Hot Chicks with Sticks	<b>28</b>	<b>29</b> 6:30 pm The CT 169 Club Author Event	<b>30</b> 10:30 am Read, Rock, & Rhyme	<b>31</b> 6:00 pm Family Bingo 		



Download the Libby App. This is a greatly improved version of Overdrive and is a great way to download audiobooks right to your phone or send ebooks to your kindle.



"Libraries will get you through times of no money better than money will get you through times of no libraries." - Anne Herbert

\*Starred programs require registration. See reverse for details.

## January 2019 Programs at JTL



**Hot Chicks with Sticks** Mondays, Jan. 7 & 28 at 6:30 pm. Do you like to knit or crochet? All are welcome to join this friendly group.

**Adult and Family Game Night - The Escape Room** Thursday, Jan. 3 at 6:00 pm. Discover the mystery of the Disappearing Director by solving puzzles in this escape room style game.

**First Tuesday Film - Won't you Be My Neighbor?** Jan. 8 at 2:00 pm. A documentary about Fred Rogers and how he influenced America. Free popcorn and comfortable seats at all movies! (PG-13)

**Resolve to Evolve** Tuesday, Jan. 8 & 22 at 6:30 pm. Wellness coach Karen Woodmansee leads this series of self improvement workshops.  
Week 1: Value of Exercise – How short bouts can add up and small changes can increase motivation and self-efficacy.  
Week 2: Value of Healthful Eating – How to eat a nutrient dense diet and make small changes to improve mood and physical well-being.

**Embracing the Journey of Autism** Tuesday, Jan. 8 at 6:30 pm. This group is open to parents, caregivers, or anyone whose life has been touched by autism. Sharing of experiences will be encouraged as every unique story can offer inspiration and hope to others.

**Yoga with Karen** Thursday, Jan. 10 at 2:00 pm. Join Karen Woodmansee in this Kripalu yoga practice based on the principles of loving-kindness and awareness. All experience levels are welcome. Please bring a yoga mat or a towel.

**Unraveling America's Musical Roots** Thursday, Jan. 10 at 6:30 pm. This 90-minute program combines audio rarities, archival video, songs, stories, and collective music-making and spans from the sound of old-time Appalachian string bands and bluegrass banjo players to Americana experimenters and beyond. Craig Harris is the author of *Bluegrass, Newgrass, Old-time, and Americana Music*.

**Yoga and Meditation** Monday, Jan. 14 at 6:30 pm. Join Gajinder Kaur for a free Kundalini yoga and meditation practice in our community room.

**Book Discussion - Beartown** Tuesday, Jan. 15 at 6:30 pm. Fredrik Backman, the bestselling author of *A Man Called Ove*, returns with a dazzling, profound novel about a small town with a big dream—and the price required to make it come true. Many copies available at JTL.

**Wednesday Movie - Crazy Rich Asians** Jan. 16 at 1:00 pm. Native New Yorker Rachel Chu accompanies her boyfriend to his best friend's wedding in Singapore and meets his family for the first time. (PG-13)

**Marty Podskoch & Grace Preli present The Connecticut 169 Club** Tuesday, Jan. 29 at 6:30 pm. This Guide to Exploring Connecticut navigates readers from out behind the blue screen, off the interstate and onto Connecticut backroads to meet and merge with fascinating neighbors and uncover cool curiosities tucked into the 169 towns and cities in the Nutmeg State. Come find out more about it.

**First Tuesday Film - Bel Canto** Feb. 5 at 2:00 pm. A famous opera singer is held hostage in South America by a guerrilla rebel group after performing at a Japanese businessman's lavish birthday party.



### JTL Youth Services



**Time for Stories** Mondays, Jan. 7, 14 & 28 at 10:00 am . Rhymes, stories, music, movement, & more. Ages 2 and up.

**Read, Rock, & Rhyme** Wednesdays, Jan. 2, 9, 16 & 30 at 10:30 am . Songs, rhymes, finger plays, puppets & more. Birth to 24 mos.

**LEGO® Building** Wednesday, Jan. 2 at 4:00 pm. Make a unique LEGO creation using a variety of bricks. Ages 4 and up.

**Pokémon Club** Saturday, Jan. 5 at 10:00 am. Bring your cards to swap or play. Bring your Pokémon video game. All ages welcome.

**Origami Ninja Stars** Wednesday, Jan. 9 at 4:00 pm. We'll be folding Ninja Stars in an assortment of colors. Stop by to make a few. **Ages 7 & up.** Limit 15 participants. **\*Please register as space is limited.**

**Building with KEVA Planks** Saturday, Jan. 12 at 11:00 am. Practice your engineering skills and see what you can build with KEVA Planks.

**Homeschoolers Making STEAM** Monday, Jan. 14 at 2:00 pm. This month we'll team up for the pipe cleaner challenge. **Ages 6+.** **\*Please register.**

**Chess with Matt** Tuesday, Jan. 15 at 4:00 pm. Learn how to play chess and play with others. Bring your own chess set or use one of ours. Ages 7-12.

**Movie & Popcorn - Sgt. Stubby: An American Hero** Thursday, Jan. 24 at 4:00 pm. The incredible true story of a stray dog who became a hero of the First World War. (PG, 90 mins.)

**Sparky's Puppets - The Kingdom of Riddles** Saturday, Jan. 26 at 11:00 am. In this show, a king asks a knight to capture a unicorn for his queen. In his quest, the knight needs help from the audience in solving riddles posed by those he meets along the way---a jester, a witch and a dragon. So put on your thinking caps-some of these riddles are hundreds of years old! The program also includes a version of "The Princess and the Pea" with a book-loving princess and a mischievous mouse.

**Family Bingo** Thursday, Jan. 31 at 6:00 pm. Come play B-I-N-G-O with friends and family!

